

# STEP SIX GUIDE

STEP  
6

Were entirely ready to have God remove all these defects of character

Prayer

Dear God, I am ready for Your help in removing from me the defects of character which I now realize are an obstacle to my recovery. Help me to continue being honest with myself and guide me toward spiritual and mental health.

Promise

**PROMISE 6**  
That feeling of uselessness and self-pity will disappear.

Slogan

 **Love, Learn and Grow**

Meditation

Ephesians 4:24 ...and to put on the new self, created after the likeness of God in true righteousness and holiness.